

Celebrating Recovery— One Day At A Time

Wake Up—Recover Your Life!

Stand united, singular in vision, contending for people's trust in the Message, the good news, not flinching or dodging in the slightest before the opposition. Your courage and unity will show them what they're up against: defeat for them, victory for you—and both because of God. There's far more to this life than trusting in Christ. There's also suffering for him. And the suffering is as much a gift as the trusting. Philippians 1:28, The Message

Life Lessons from Daniel

The king told Ashpenaz, head of the palace staff, to get some Israelites from the royal family and nobility—young men who were healthy and handsome, intelligent and well-educated, good prospects for leadership positions in the government, perfect specimens!—and indoctrinate them in the Babylonian language and the lore of magic and fortunetelling. The king then ordered that they be served from the same menu as the royal table—the best food, the finest wine. After three years of training they would be given positions in the king's court.

But Daniel determined that he would not defile himself by eating the king's food or drinking his wine, so he asked the head of the palace staff to exempt him from the royal diet. The head of the palace staff, by God's grace, liked Daniel, but he warned him, "I'm afraid of what my master the king will do. He is the one who assigned this diet and if he sees that you are not as healthy as the

rest, he'll have my head!" But Daniel appealed to a steward who had been assigned by the head of the palace staff to be in charge of Daniel, Hananiah, Mishael, and Azariah: "Try us out for ten days on a simple diet of vegetables and water. Then compare us with the young men who eat from the royal menu. Make your decision on the basis of what you see." The steward agreed to do it and fed them vegetables and water for ten days. At the end of the ten days they looked better and more robust than all the others who had been eating from the royal menu. So the steward continued to exempt them from the royal menu of food and drink and served them only vegetables. God gave these four young men knowledge and skill in both books and life. In addition, Daniel was gifted in understanding all sorts of visions and dreams. At the end of the time set by the king for their training, the head of the royal staff brought them in to Nebuchadnezzar. When the king interviewed them, he found them far superior to all the other young men. None were a match for Daniel, Hananiah, Mishael, and Azariah. And so they took their place in the king's service. Whenever the king consulted them on anything, on books or on life, he found them ten times better than all the magicians and enchanters in his kingdom put together. Daniel 1:3-5, 8-20 (see also Daniel 2, 3, 4, 6)

Four young men from Judah—Daniel, Hananiah, Mishael, and Azariah—were among those selected. The head of the palace staff gave them Babylonian names: Daniel was named Belteshazzar, Hananiah was named Shadrach, Mishael was named Meshach, Azariah was named Abednego. Daniel 1:6-7, The Message

Celebration

Conversation

Community

Exploring new pathways to peace in the midst of suffering